

North Shore Aquatic Complex

March Registration Session

901 North Shore Drive NE, St. Petersburg, Florida 33701 (727) 893-7727

Hours: Mon-Fri 9:00 am - 4:00 pm

Sat 10:00 am - 4:00 pm, Sun 1:00 pm - 4:00 pm



Online Registration & Facility Availability
www.stpeteparksrec.org/ParksRecConnect

Complex Closures

National Meet - March 28-31, space will be limited.

Easter - April 1

Pool Closures

50 Meter Pool - Swim Meets

February 2 - 4

March 9 at 3:00 pm, March 10-11, and March 28-31

Public Recreational Swim Admission

Adult (13 and up) \$5.00/Daily

\$45.00/ 10 Punch Card

Child (3 to 12)

\$4.50/ Daily

\$40.50/ 10 Punch Card

No Refunds Due to Weather.

Child (under 3)

Free

Rentals

Ask us about our birthday party rentals.

Paddleboards available for \$20/hour.

Masters and Swim to Stay Fit Lap Swimming Programs

Monday-Friday

5:30 am - 6:30 pm

\$35.00 / Month

Saturday

10:00 am - 4:00 pm

\$175.00 / Six Months

Sunday

9:30 am - 4:00 pm

\$350.00 / Year

Lane space may be limited during peak times.

Registration Process

The following information or a current ADVANTAGE membership is required for registration in most classes and camps.

- **Valid Driver License or State ID** - For minor participants, the Driver License or State ID of a parent or legal guardian.
- **Completed Hold Harmless Agreement** - Form may be obtained in advance by visiting www.stpeteparksrec.org.
- **Participant Photo** - Photo will be taken by Parks and Recreation personnel if a membership card is requested.








Exercise

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Triathlon Training	186735	13 yrs & older	Tue,Thu	01 Mar 2018 to 29 Mar	6:30 pm to 8:00 pm	8 Daily	\$12.00 \$70.00
Swim training workouts for triathlons coached by Joe Biondi.							
Water Aerobics <i>Shallow Water</i>	186736	18 yrs & older	M,Tu,W,F	02 Mar 2018 to 30 Mar	10:30 am to 11:30 am	17 Daily	\$6.50 \$60.00
Water Aerobics <i>Deep Water</i>	186737	12 yrs & older	Tue,Thu	01 Mar 2018 to 29 Mar	6:30 pm to 7:30 pm	8 Daily	\$6.50 \$43.00
Yoga <i>Yoga for Arthritis</i>	186750	16 yrs & older	Thu	01 Mar 2018 to 29 Mar	9:00 am to 10:00 am	5 Daily	\$10.00 \$35.00
Yoga <i>Aqua Yoga</i>	187671	15 yrs & older	Fri	02 Mar 2018 to 30 Mar	11:45 am to 12:30 pm	5 Daily	\$6.50

Benefits of land yoga such as increased flexibility and stress reduction but being in the water also relieves your spine and reduces the stress on joints. Its a beautiful, peaceful stretch in the Florida sunshine.




Sports

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Scuba  <i>Open Water Diver Pool Training</i> Scuba Diving training consisting of basic and emergency skills training in the pool	186034	12 yrs & older	Sun,Sat	10 Mar 2018 to 11 Mar	11:00 am to 3:00 pm	2	\$140.00
Scuba  <i>Scuba Skills Refresher</i> Scuba diving refresher training consisting of basic and emergency skills in the pool.	186035	12 yrs & older	Sun	11 Mar 2018 to 11 Mar	11:00 am to 3:00 pm	1	\$100.00
Scuba  <i>Open Water Diver Pool Training</i> Scuba Diving training consisting of basic and emergency skills training in the pool	186037	12 yrs & older	Sun,Sat	24 Mar 2018 to 25 Mar	11:00 am to 3:00 pm	2	\$140.00
Scuba  <i>Scuba Skills Refresher</i> Scuba diving refresher training consisting of basic and emergency skills in the pool.	186036	12 yrs & older	Sun	25 Mar 2018 to 25 Mar	11:00 am to 3:00 pm	1	\$100.00
Stroke Technique  Lap swimming, instructed stroke improvement, and triathlon training. Written workout is provided. Class times for Tuesday and Thursday are 6:30 pm - 8:00 pm. Sunday class is 11:00 am - 1:00 pm.	186815	7 yrs & older	Sun,Tue,Thu	01 Mar 2018 to 29 Mar	6:30 pm to 8:00 pm	12	\$36.00

Swim Lessons

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Infant Safety Rescue	186828	6 mos to 5 yrs	M,Tu,W,Th,F	01 Mar 2018 to 30 Mar			\$20.00
No Tears Swim Lessons	187726	17 yrs & older	Tue	06 Mar 2018 to 22 May			\$10.00
Swim Lessons - Private Private 30 minute lessons offered Monday-Friday 9:00 am - 4:00 pm, Saturday 10:00 am - 4:00 pm, and Sunday 1:00 pm - 4:00 pm. Please call (727) 893-7727 to schedule.	186829		Su,M,Tu,W,Th, F,Sa	01 Mar 2018 to 31 Mar			\$39.00

Therapeutic Recreation

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Adaptive Aquatics - Level 1 	187169	3 yrs to 8 yrs	Tue,Thu	01 Mar 2018 to 29 Mar	6:10 pm to 6:40 pm	9	\$25.00
Adaptive Aquatics - Level 2 	187170	7 yrs & older	Tue,Thu	01 Mar 2018 to 29 Mar	6:45 pm to 7:15 pm	9	\$25.00
Adaptive Aquatics - Level 3 	187171	8 yrs & older	Tue,Thu	01 Mar 2018 to 29 Mar	7:20 pm to 7:50 pm	9	\$25.00

Additional Information

50 meter x 25 yard Temperature Regulated Pool with a 12' 6" diving area, open year round.

25 yard x 25 meter Temperature Regulated Pool with a zero depth entry ramp, open year round.

Play Feature Pool includes two flume slides and a zero depth entrance play area with water play features. Open seasonally during regular operating hours as follows: May-August (Daily), March, September, and October (Sat-Sun), November-February (Closed).

Merchandise and Swimming Accessories are available at our Swim Center! Goggles, fins, masks, snorkels, caps, sunscreen, and much more!

No Tears Swim Lessons - Swim lessons geared for 3-12 years of age. Skills range from overcoming fear of the water to swim team preparation. Adult classes teach and strengthen basic skills. Call Joanne Walker (727) 525-2914 to schedule classes.

Give the Gift of Fun! Parks and Recreation Gift Cards in any amount available in the office.

Our Mission: To preserve, protect, maintain and enhance the city's parklands and recreational facilities and engage people in leisure activities that contribute to their quality of life.

The Americans with Disabilities Act (A.D.A.) guarantees equal opportunity for people with disabilities. **Special accommodation requests** such as sign language interpreters, taped or Braille materials, assistive listening devices, etc., should be made at least one week prior to the activity or program. Individuals using TTD devices, please contact us using the Florida Relay Service at (800) 955-8771.

www.stpeteparksrec.org



St. Petersburg Parks and Recreation



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