

Sunshine Center

December Registration Session

330 5th Street North, St. Petersburg, Florida 33701

(727) 893-7101

Hours: Mon - Fri 8:30 am - 4:00 pm



Get Connected - Stay Connected
Parks & Rec Connect

Online Registration & Facility Availability
www.stpeteparksrec.org/ParksRecConnect

Registration Process

The following information or a current ADVANTAGE membership is required for registration in most classes and camps.

- **Valid Driver License or State ID** - For minor participants, the Driver License or State ID of a parent or legal guardian.
- **Completed Hold Harmless Agreement** - Form may be obtained in advance by visiting www.stpeteparksrec.org.
- **Participant Photo** - Photo will be taken by Parks and Recreation personnel if a membership card is requested.



Arts & Crafts

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Art Class <i>Artscape</i> Break free exploring the avenues of your imagination. Find inspiration in the ordinary things of life by letting your imagination take over. Anyone can do it!	185228	18 yrs & older	Fri	01 Dec 2017 to 29 Dec	10:00 am to 11:30 am	5	\$28.00
Oil & Acrylic Painting 	184824	18 yrs & older	Fri	01 Dec 2017 to 29 Dec	12:30 pm to 2:30 pm	5	\$28.00

Day Trips

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Sunshine Day Trippers <i>Wiregrass Mall & Light Show</i>	185251	18 yrs & older	Fri	08 Dec 2017 to 08 Dec	4:00 pm to 10:00 pm	1	\$5.00

Education

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Technology Class <i>Technology Skills 101</i>	184718	21 yrs & older	Thu	21 Dec 2017 to 21 Dec	10:00 am to 11:30 am	1	\$20.00
Technology Lessons	184886	18 yrs & older	Tue,Fri	01 Dec 2017 to 29 Dec			\$20.00

Private 1 hour technology lessons. Please call (727) 893-7074 to schedule.

Exercise

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Arthritis Strength and Balance Class	184888	21 yrs & older	M,Tu,W,Th,F	01 Dec 2017 to 29 Dec	9:30 am to 10:30 am	20	\$0.00
Caribbean Aerobics	185264	18 yrs & older	Tue,Thu	05 Dec 2017 to 28 Dec	9:30 am to 10:30 am	8 Daily	\$4.00 \$22.00
Fitness Center	184891	55 yrs & older	M,Tu,W,Th,F	01 Dec 2017 to 29 Dec	9:00 am to 3:00 pm	20 Daily	\$1.00 \$14.00
Low Impact Aerobics <i>Zooming to the Oldies</i>	184900	55 yrs & older	Tue,Thu	05 Dec 2017 to 28 Dec	11:00 am to 12:00 pm	8 Daily	\$5.00 \$35.00

Low Impact Aerobics moving to the music we grew up with. You will gain balance, core strength and pain relief.


Yoga	184311	55 yrs & older	Tue	05 Dec 2017 to 26 Dec	11:00 am to 12:00 pm	4	Daily	\$6.00 \$20.00
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Instructor Dominick will teach Integral Hatha yoga postures and breathing practices designed to help maintain strength, flexibility, and relaxation.

Yoga	184312	18 yrs & older	Thu	07 Dec 2017 to 28 Dec	1:00 pm to 2:00 pm	4	Daily	\$6.00 \$20.00
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Integral Hatha chair yoga postures and breathing practices designed to help maintain strength, flexibility, and relaxation.

Therapeutic Recreation

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Theater - TR 	184991		Mon	04 Dec 2017 to 18 Dec	7:00 pm to 8:30 pm	3	\$20.00

Additional Information

Computer Lab (Based on Availability) Mon-Fri 8:30 am - 3:30 pm Free

Fee Waiver Program - Take advantage of this program! The Office on Aging offers a fee waiver program for low income seniors to receive free classes, activities, and day trips (meals excluded). Please contact (727) 893-7102 to see if you qualify.

Resale Shop Mon-Fri 9:30 am - 1:30 pm

Agencies and Services

AARP Senior Employment	Varies	By Appt. Only	(727) 552-1835
Information and Referral Services	Mon-Fri	9:00 am - 4:00 pm	(727) 893-7102
Kids and Kubs ¼ Century Softball	Mon, Wed, Fri	9:00 am - 12:00 pm	(727) 893-7108
Lions Club Eye Clinic Referrals	Mon, Wed, Thu, Fri	8:30 am - 11:00 am	(727) 892-5512
Neighorly Meals on Wheels & Congregate Dining	Mon-Fri	9:00 am - 12:00 pm	(727) 893-7136
Seniors in Service	Mon-Fri	9:00 am - 3:00 pm	(727) 551-3312
Seniors vs. Crime (Attorney General)	Mon, Thu	9:00 am - 1:00 pm	(727) 552-1807
Shuffleboard (Individual \$30.00/year; Family \$50.00/year)	email board@stpeteshuffle.com		
St. Pete International Folk Fair Society (SPIFFS)	Mon-Fri	9:00 am - 4:00 pm	(727) 552-1896
Voices of Hope for Aphasia	Mon-Fri	10:00 am - 2:00 pm	

Arts & Crafts

Creative Writing Thursday 10:00 am -11:30 am Free

Health and Wellness

Ballroom Dance	Tuesday	1:00 pm - 3:00 pm	\$3.00
Health Education Series	Wednesday	Varies	Free

Games and Social Activities

Canasta	Tuesday	12:30 pm - 3:00 pm	\$1.00
Hand and Foot Card Games	Thursday	12:30 pm - 3:00 pm	\$1.00
Spanish Speaking Discussion Group	Friday	2:00 pm - 3:00 pm	Free
St. Pete. Shuffle (Family Friendly)	Friday	7:00 pm - 11:00 pm	Free
Table Games	Mon-Fri	8:30 am - 3:00 pm	Free

Music and Theater

Live: Cookie & Dave	4th Thursday	1:00 pm	Free
Karaoke	Varies	1:00 pm	Free
Profiles in Jazz (Live Band)	2nd Monday	1:00 pm	Free

Support Groups

Aphasia Memory Support Group	Mon & Wed	10:00 am - 2:00 pm	Free
Lesbian, Gay, Bi-Sexual, Transgender Support Group	Friday	11:00 am - 12:00 pm	Free

Give the Gift of Fun! Parks and Recreation Gift Cards in any amount available in the office.

Our Mission: To preserve, protect, maintain and enhance the city's parklands and recreational facilities and engage people in leisure activities that contribute to their quality of life.

The Americans with Disabilities Act (A.D.A.) guarantees equal opportunity for people with disabilities. **Special accommodation requests** such as sign language interpreters, taped or Braille materials, assistive listening devices, etc., should be made at least one week prior to the activity or program. Individuals using TTD devices, please contact us using the Florida Relay Service at (800) 955-8771.

www.stpeteparksrec.org



St. Petersburg Parks and Recreation



@stpeteparksrec