L.I.F.E. (Learning Independence For Everyone) is a six-week program specifically designed for emerging adults aged 16-25. Come hang out with your peers and learn important life skills including:

Week 1 - Personal Hygiene and Confidence
Week 2 - Reflection and Dealing with Emotions
Week 3 - Making New Friends
Week 4 - Managing Money
Week 5 - Community Resources
Week 6 - Healthy Living and Goal Setting

Who: Young Adults, ages 16 – 25
Location: Azalea Recreation Center, 1600 72nd St. N
When: Thursdays in February & March from 6:00 - 8:00 p.m.
Program fee: $25
Questions or RSVP by calling (727) 893-7899

stpeteparksrec.org/therapeutics